

MERCHANT TAYLORS' PREP SCHOOL LUNCH MENU



MONDAY 9TH SEPTEMBER – FRIDAY 13TH SEPTEMBER 2024

Monday	LAMB CHILLI	VEGGIE CHILLI (V&VE)	RICE, BROCCOLI AND TORTILLA CHIPS	SALAD BAR JACKET POTATO FILLED ROLLS	FRESH FRUIT YOGHURTS STEAMED CHOCOLATE SPONGE & CHOCOLATE CUSTARD	CHEESE BREAD & BUTTER HOMEMADE BISCUITS
TUESDAY	CHICKEN CURRY	SWEET POTATO CURRY (VE&V)	RICE & CAULIFLOWER & NAAN BREAD	Salad bar Jacket Potato	FRESH FRUIT YOGHURTS FLAPJACK	CHEESE BREAD & BUTTER HOMEMADE BISCUITS
WEDNESDAY	Pizza & Vegan pizza	Pasta & tomato Sauce	PEPPERS & MUSHROOMS	SALAD BAR JACKET POTATO	FRESH FRUIT YOGHURTS JAM & COCONUT SPONGE & CUSTARD	CHEESE BREAD & BUTTER HOMEMADE BISCUITS
Thursday	ROAST TURKEY	ROAST QUORN FILLET (V) VEGAN SAUSAGE (VE)	ROAST POTATOES & GRAVY & CARROTS	SALAD BAR JACKET POTATO	FRESH FRUIT YOGHURTS CHOCOLATE CRISPY CAKE	CHEESE BREAD & BUTTER HOMEMADE BISCUITS
FRIDAY	Baked Cod Battered Cod Fish fingers	STUFFED PEPPERS (V&VE)	CHIPS BAKED BEANS PEAS	SALAD BAR JACKET POTATO	FRESH FRUIT YOGHURTS CINAMON SWIRLS	CHEESE BREAD & BUTTER HOMEMADE BISCUITS

SALAD BAR - EACH DAY AT LEAST 10 DIFFERENT FOODS ARE AVAILABLE I.E. CUCUMBER, TOMATO, LETTUCE, BEETROOT, COLESLAW, CELERY, PEPPERS, CARROT, RADISHES, CRESS, CHEDDAR CHEESE, TUNA, HARD BOILED EGGS, POTATO SALAD, PASTA SALAD, COLD MEATS, VEGGIE QUICHE, COTTAGE CHEESE, CORONATION QUICHE, CORONATION CHICKEN

FRESH FRUIT - EACH DAY AT LEAST 5 DIFFERENT FRESH FRUITS ARE AVAILABLE E.G. ORANGES, APPLES, BANANAS, GRAPES, WATERMELON, HONEYDEW MELON, STRAWBERRIES, PEARS, PINEAPPLE, PEACHES, NECTARINES, PLUMS