

Welcome to the Staff Wellbeing Document!

24 Hour Counselling Service

Through the School's insurance providers, you currently have access to free confidential 24-hour counselling phone services that can support you with your wider personal needs.

For more information, please click [HERE](#).

MTS School Counselling Support for Staff

Access to free face to face counselling support at Merchant Taylors' School with a School Counsellor.

Health and Medical Information Service

Through the School's insurers, staff have access to a Health and Medical Information Services that provides information to you and your family members on general health issues and advice on a wide variety of medical matters.



**For more information on any of the above,
please contact: cphillips@mtpn.org.uk**

Personal Accident Insurance

Through the School's insurers, staff have access to Personal Accident Insurance subject to the Scheme's terms and conditions. It provides cover in the event of death or serious injury following an accident and a range of covers including disfigurement scarring, dental injuries and emergency dental treatment costs following an accident.

For more information and a claim form please contact:

cphillips@mtpn.org.uk

Cycle to Work Scheme

Run through an Edenred Platform administered by Halfords', MTP offers a cycle to work scheme that can save you up to 42% on a brand-new bike! Click [HERE](#) to find out more!



Pilates class

Pilates happens in the Pre-Prep Hall at 17:40 on Wednesdays. **Folks should contact JStevens@MTPN.org.uk for more information.**

Prayer Group

The prayer groups happens in Room 2 for Pre-Prep at 10:15 on Tuesdays and at 10:45, also on Tuesdays, for Prep. **For more information, please contact RWaddington@mtpn.org.uk**